

The Best Method for Blow-Drying Hair *

After you shampoo or rinse out Curlaway® Gel and condition your hair, towel blot dry, and then add a small amount of Curlaway Gel or a high quality leave-in conditioner, such as Zero-Frizz®, Frizz-Ease®, or Biosilk® and massage/comb it through your hair thoroughly with your fingers. This should make your hair combable with a wide-tooth comb (while it's still moist of course) into a straight configuration. Then gently brush a few times with a "prong" brush to make sure the conditioner is distributed to ALL of your hair. Be gentle though! Hair is fragile when it's wet.

Always add a quality leave-in conditioner before brushing moist hair. Without a conditioner your hair will be poofy or develop split ends. Don't use "bristle" brushes on curly hair because it is harder to get the brush through the hair and you risk ripping your hair, plus it puts a lot of stress on the outside layer called the cuticle, which can damage it. Plastic "prong" brushes with smooth round tips generally work well.

If you run into a really stubborn tangle, don't force the brush through. Find it and gently work it out by hand, then comb or brush some more to make sure you have all of your hair conditioned thoroughly and completely.

Now that your hair is how you want it, start to blow dry down wards, away from the roots while brushing. But wait! Don't dry it entirely yet because it will dry unevenly and curl in the under layers.

After the top layer is mostly dry, flip all of your hair upside down. This is how you stop the underlayers from curling! With your head down, looking at your chest, use your brush to gently smooth your hair straight again while continuing to blow dry downwards, blow drying away from the root in the same general location as you brush. Do not place the dryer too close or else you can make your hair dry too quickly and cause "bubble hair" syndrome in which a water droplet *inside* your hair suddenly vaporizes and expands suddenly, forming a bubble and damaging the hair because the steam couldn't escape quickly enough between gaps in the scales of the cuticle.

You will want to blow all around and brush everywhere so you can straighten all of your hair. Once the hair is dry where it is exposed, flip your hair back up again and then flip it to one side and continue blow-drying and gently brushing away from the roots.

Once it is dry and straight on that side, flip your hair to the other side and do the same thing following the brush with the blow dryer but not getting excessively close with the hair dryer.

Finally, flip your hair back to how you had combed it originally and blow dry down wards while brushing it away from the roots. Make sure you style the back of your head too! Many people miss this and notice that they have some fuzziness or nappiness on the back of their head. By now your hair should be dry and straight.

This processed can be summarized as wash (or rinse if doing a Curlaway Gel Treatment), condition, comb, brush + blow dry (flip, flip, flip, flip).

If your hair is very curly, the ends will still curl a little bit, of course. But you should be surprised how much straighter you can get your hair just blow-drying!

Also, if you plan to buy a new hair dryer, an **ionic dryer** should make this method work more easily. To get the tips straight and to add silkiness to the ends, use a flat iron on the medium

heat setting. If you don't get immediate results, set the temperature a little bit higher until you do.

* As suggested by Kennieth on [Talk Hairboutique.com](http://TalkHairboutique.com)